Wandle Valley

Wandle Trail

15 miles of largely uninterrupted heritage, flora and fauna

Wandle River and Trail

The river Wandle itself is a tributary of the Thames to the south west of London, consisting of 15 miles of rich chalk stream habitat in good condition, which in its industrial heyday, was the 'hardest working river in London', with over 90 mills along it's banks throughout time. The river rises in two sources Waddon and Carshalton.

The Trail mostly follows the Wandle River, and runs for about 12.5 miles (20km) from East Croydon Station to the Thames Path in Wandsworth near Wandsworth Town train station. There are 2 main starting points: Wandle Park, Croydon (12 mile walk) or Carshalton Ponds, Carshalton (9 mile walk). In places the trail is narrow and uneven for wheelchair users.

The Trail map shows a cycle route and walking route and highlights the fascinating places to visit along its length.

The Trust have worked hard over the years with partners to improve the Trail and we will continue to secure investment to make the Trail safer and more accessible for more people to enjoy.

To find out more about the Regional Park, the Wandle River, its history and our partners, or give us your feedback and ideas, please visit our webpage:

www.wandlevalleypark.co.uk



The Wandle Valley Regional Park

The Wandle Valley Regional Park is a vibrant network of over 40 green spaces, and 12 nature reserves, linked by the River Wandle, covering 900 hectares. The Wandle Valley has a rich history, deriving from its industrial heritage, unique natural environmental and wildlife attributes.

The Wandle Valley Regional Park Trust

The Wandle Valley Regional Park Trust is a charitable trust that was established in 2013 and has been set up to provide the leadership and coordination to build a new regional park for Londoners stretching from Croydon in the South, through Sutton, Merton and to Wandsworth in the North.

Our shared vision

Our shared vision is for the Wandle Valley to be a coherent and vital part of London's green space network, creating a place, rich in heritage, where people are proud to live, work and play, that contributes to the economic vibrancy of South London.

Contact us

Visit us online at www.wandlevalleypark.co.uk

- twitter.com/wandlevalley
- f <u>facebook.com/WandleValleyPark</u>
- ⊠ info@wandlevalleypark.co.uk

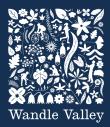
Or you can write to us at:

Wandle Valley Regional Park Trust The Old Bookshop Morden Hall Park Morden, Merton SM4 5JD

This guide has been created by **Wandle Valley Regional Park Trust** and **First Base**, as a result of their shared commitment to help raise awareness of and open access to the Wandle Trail.

www.firstbase.com

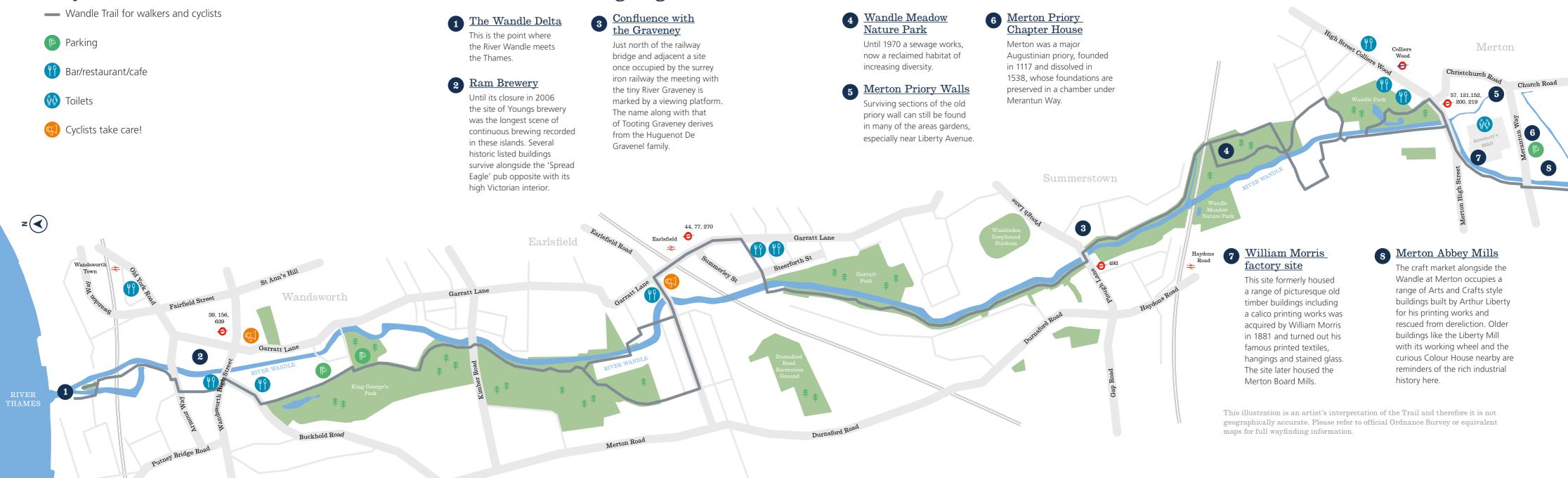




Key

Wandle Trail Highlights

<u>the Graveney</u>





Beddington Lane

20 Beddington Park

The remains of a once larger deer park laid out by the wellconnected Carew family. The lake was once Wallington's manorial mill pond.

21 <u>Beddington Farmlands</u> Nature Reserve

Beddington farmlands, one of the best urban refuges for nature within London.

22 Carew Manor

Seddington Lane

Overlooking the great former deer park of Beddington these and adjacent buildings are the remnant of a mediaeval manor, with links to Queen Elizabeth I. The Grade I listed Great Hall with its archbraced hammerbeam roof is occasionally open to the public.

Beddington Mill 23

On an ancient milling site, the current building (recently converted to flats) dates from 1850 and was a corn mill until the early 20th century.

24 Waddon Ponds

Fed by springs, Waddon Ponds is one of the main sources of the river today. The ponds were once part of a large estate. The grand house, and the large mill which once stood north of Mill road, are both long gone.



← Bark Wandle West Croydon Station 18 minute walk

Purley Way

402' 410

54

52

East Croydon Station 12 minute

walk

GET ACTIVE Wandle Valley

Parks, trails and rec facilities provide opportunities for physical activity and can help people of all ages lead a more active lifestyle.

Get walking!

A walk from Morden Hall Park to Colliers Wood Station will take you just 30 minutes. If you did this just five times a week, you'd reach your target of 150 minutes!

10,000 steps per day

Is just under half of the Wandle Trail and equates to about 5 miles, that's like walking from East Croydon Station to Morden Hall Park!



Cycling is wheely good

A 30 minute ride burns, on average, over 300 calories. You could cycle from Wandle Park in Croydon to Wandle Park in Merton during that time!

Spoilt for choice

In the Wandle Valley, there are over 40 green spaces so there's plenty of room to be active!

☑ getactive@wandlevalleypark.co.uk

The Wandle Trail Code

Shared use paths away from the road help many people make their everyday journeys safely and they are also important for leisure. Many people including young, elderly and disabled people benefit from shared paths, which provide valuable opportunities to travel in a traffic-free environment, and to relax, unwind and play.

Trail top tips



Share the space Be considerate to other users



Drop your pace Slow down in good time



Pedestrians go first Let people walking have priority



Be visible to others Have lights on your bike, wear bright clothing, have a bell to sound

Be careful on junctions



Keep your dogs under control and put them on a lead in narrow spaces

