

# REFRESH OF THE WANDLE VALLEY REGIONAL PARK

## SPORT & PHYSICAL ACTIVITY AUDIT OF 2008

Wandle Valley  
REGIONAL PARK

PRO-ACTIVE  
SOUTH LONDON  
supporting sport and physical activity



Report prepared by Rob Hardy Associates

## REFRESH OF THE WANDLE VALLEY REGIONAL PARK SPORT & PHYSICAL ACTIVITY AUDIT OF 2008

For the: WANDLE VALLEY TRUST BOARD 24 April 2013

This report provides a summary of a refresh of a Sport and Physical Activity Audit that was undertaken in 2008 following a commission from PRO-ACTIVE South London and Groundwork plus an action plan and recommendations for the Board to consider. The Audit and the refresh have been undertaken by Rob Hardy Associates.  
(Background information is included in Appendix 1)

### 2013 ACTION PLAN - UPDATES AND RECOMMENDATIONS FOR FUTURE ACTIONS

KEY ISSUES	UPDATES	RECOMMENDATIONS FOR FUTURE ACTION(S)
1. Utilising the River Wandle corridor to improve access for developing physical activity-walking/running/cycling and angling	<p>Further development of the Wandle Trail, a key element of provision in the Valley is being led by Sustrans who have completed a feasibility study and includes detailed public consultation – a number of improvements have been suggested and funding is being sought. The funding from TfL in 2013/4 is £490k with the aim that this is the first year in the 3 year capital programme. The 12 mile long route is used by walkers and cyclists and occasionally by runners – a Croydon-based club Striders of Croydon use it as a training run for London Marathon preparation and it is almost half-marathon distance.</p> <p>Angling development in the Wandle Valley has been enhanced by the funding provided by Thames Water for clubs including Wandle Piscators and the Wandle Angling Club who provided an educational facility for local schools.</p>	<ul style="list-style-type: none"><li>• <b>Explore scope to further develop the Wandle Trail as a route for walkers and runners</b></li><li>• <b>Develop further opportunities for angling development linking with the Angling Trust and develop projects such as ‘ Lets Get Hooked’ and local clubs including the Wandle Piscators</b></li><li>• <b>Link with British Cycling’s London Recreation Manager to explore opportunities to improve recreational cycling activity in the Valley.</b></li></ul>

<p>2. Providing opportunities for older people to undertake physical activity in order to maintain a healthy lifestyle</p>	<p>Wandsworth PCT undertook projects to encourage physical activity amongst older people and the revised strategy for Sport and Physical Activity last year together with joint-working between the Borough and the PCT provides further opportunity to develop programmes and projects</p> <p>The Active Celebration Programme funded by SW London NHS and led by P-ASL in the boroughs of Sutton and Merton included projects aimed at the 50 plus age group – this included working with the successful Evergreens Group in Sutton who are based at the Westcroft Centre.</p>	<ul style="list-style-type: none"> <li>• <b>Encourage new Wandsworth and Sutton strategies for Sport and Physical Activity to provide specific programmes aimed at older people in the Wandle Valley</b></li> <li>• <b>The Active Celebration Programme in Sutton and Merton to provide funding to local deliverers to continue or add new projects aimed at older people</b></li> <li>• <b>Encourage emerging Health and Well Being Boards to consider commissioning of physical activity programmes as part of their public health improvements for older people.</b></li> </ul>
<p>3. Development of the Wandle Valley Festival (WVF) to increase awareness and develop existing and new activities</p>	<p>The Wandle Valley Festival (WVFe), now in its 9<sup>th</sup> year, has been acknowledged as a key opportunity to promote public awareness of the existing resources along the R.Wandle and encourage participation in activities that can be developed in the area.</p> <p>P-ASL played a key role in ensuring that sport and physical activity was an integral part of the Festival and the R.Wandle was seen as an important resource for sport and physical activity.</p>	<ul style="list-style-type: none"> <li>• <b>Improved borough input to WVF, including consideration of events that can be included in the Programme.</b></li> <li>• <b>Target of 2/3 sport and physical activity events per borough as part of WVF</b></li> <li>• <b>Seek annual funding for sports events at the WVF of approximately £1,000.</b></li> </ul>

	<p>The Programme in past years has included a number of sporting events including a 5k race at Tooting and Mitcham Hub organised in conjunction with Serpentine RC, canoeing 'along the Wandle by Battersea Canoe Club and angling events in Morden Hall Park organised by local angling clubs. Morden Hall Park itself also held a one-off parkrun 5k run in 2009.</p> <p>A wide variety of walking and cycling activities, organised by cycling clubs, ramblers and healthy living initiatives are an integral part of the Festival.</p> <p>The Wandle Valley Festival will take place this year on 1-2 and 8-9 June and although there have been concerns about the continuation of the event, a number of the existing contributors wish to continue organizing events. There would be scope for sport and physical activities to be included again in the Festival.</p> <p>In recent years, LB Wandsworth has established a successful programme of sports and physical activity events – the Get Active Wandsworth Festival –In 2011 estimated attendances totaled 4000 people. The Festival runs throughout the year from April through to September and is part of the Borough's Legacy Programme.</p>	<ul style="list-style-type: none"> <li>• <b>Explore inclusion of a running event or grand prix series working with local clubs and the leisure providers</b></li> </ul>
<p>4. Explore opportunities to link green spaces with nearby leisure facilities to</p>	<p>In terms of indoor provision the refurbishment of the Westcroft Centre in Carshalton, at a cost of £11.3 m has been a significant development in the Wandle Valley – the Centre built in the 1970s has been closed for 14 months and will has recently re-opened at the beginning of 2013.</p>	<ul style="list-style-type: none"> <li>• <b>Encourage development of programmes that link local leisure facilities to the Wandle Valley, including walking and running groups,</b></li> </ul>

<p>develop pathways into active recreation and sporting facilities.</p>	<p>LB Croydon have also recently completed development of the new Waddon Leisure Centre,, funded as part of a wider Regeneration Programme – In addition to the main pool, the centre also includes a learner pool, fitness gym, sports hall and rooms for community use.</p> <p>The Tooting and Mitcham Hub will be linked with and be part a cycling route being developed along the Valley. The Hub will be linked to the adjacent local park – Poulter Park</p> <p>The Hub has secured a second artificial pitch, a 3G pitch for football and rugby development</p> <p>The development of the Localism Agenda and the encouragement of asset transfer and management from Government bodies including Sport England may present opportunities for full or partial asset transfer of facilities to the Voluntary Sector – there are opportunities for both buildings and open space provision to be transferred.</p>	<p><b>e.g. marked and measured route starting from leisure Facilities</b></p> <ul style="list-style-type: none"> <li>• <b>Encourage joint working between clubs and leisure providers to develop projects which enhance use of local green spaces for development of active recreation</b></li> <li>• <b>Promote opportunities for increased community use of existing facilities inside or adjacent to the Wandle Valley including use of the get Active London activity Finder, e.g. the 2 artificial pitches at the Hub in Mitcham.</b></li> <li>• <b>Provide support for asset transfer opportunities where this would enhance sport and physical activities in the Wandle Valley</b></li> </ul>
<p>5. Development of opportunities for active recreation by provision of new facilities such as</p>	<p>Perhaps the most notable development for outdoor sport and leisure provision is the refurbishment of Wandle Park in Croydon. The Park was one of the original Victorian parks in the Borough. It is one of the two sites in Croydon nominated for the Queen Elizabeth II Challenge. The works, costing £3.8 m have been funded from a</p>	<ul style="list-style-type: none"> <li>• <b>Extend the London Marked and Measured Routes Project across the Wandle Valley to provide opportunities for casual, informal walking and running activity.</b></li> </ul>

<p>measured routes in parks and provision of new events such as a road race series for the R.Wandle Valley including potentially a half-marathon</p>	<p>variety of sources including the Heritage Lottery Fund, via a 106 agreement from a housing developer and from the Mayor of London Parks Programme. It has restored the Park to its former glory providing both new and enhanced provision. Sports provision includes a new multi-games area, a refurbished skate park and a new playground. Work is also being undertaken to upgrade the pavilion in the park in two phases including improvement of changing rooms.</p> <p>LB Merton as part of their Legacy Programme has provided a beach volleyball court at Wimbledon Park -The nets and 200 tonnes of sand were originally used in the London 2012 Olympic beach courts at Horse Guards Parade.The courts have been funded by the London Marathon Charitable Trust, Sport England and Volleyball England Go Spike campaign.</p> <p>LB Wandsworth is also making improvements to King Georges Park which includes upgrading of play facilities and provision on a skateboard park.</p> <p>A project to provide marked and measured routes in London parks and open spaces has been successful and attracted funding from the London Mayors Facility Fund. There are 16 routes in 7 boroughs including Tooting Bec Common in LB Wandsworth – there is scope to develop a further bid and LB Croydon following a request from the Friends Group are considering a route in Wandle Park – other opportunities could be explored in other parks in the Valley including Beddington Park in LB Sutton and King Georges Park in Wandsworth.</p>	<ul style="list-style-type: none"> <li>• <b>Sites to explore Wandle Park in Croydon, King George’s Park in Wandsworth (which could link with the Wandle Recreation Centre) and Beddington Park in Sutton.</b></li> <li>• <b>Explore Marked and Measured Routes that link with other provision e.g. outdoor gyms which both Wandsworth and Merton have provided recently in local parks.</b></li> <li>• <b>Support increased community use of existing facilities based in or adjacent to the Wandle Valley, including use of the Get Active London Activity Finder to promote existing activities</b></li> <li>• <b>Support bids for external funding to renew, refurbish or improve facilities in the Wandle Valley.</b></li> <li>• <b>Work with Friends Groups operating in parks and open spaces to encourage increased opportunities for physical activity in the outdoors.</b></li> </ul>
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	<p>LB Croydon, Merton and Wandsworth have nominated sites and applied for funding provided from the London Marathon Grants Trust who provided £1m for sites nominated in London. The Queen Elizabeth II Challenge is still open and the funding available but only for a short time.</p> <p>A number of outdoor gyms or outdoor fitness equipment has been provided in parks and open spaces in the Boroughs including Beddington Park in LB Sutton where the Friends Group had been seeking provision – there is evidence from recent research to suggest that people prefer exercising and getting fit using facilities in the outdoors – and some of the Active People research supports that with the growth in participation in informal athletics.</p>	
<p>6. Working with schools and colleges to increase awareness of opportunities for physical activities and sport including developing new projects and initiatives.</p>		

<p>7. Involving young people in planning and developing projects in local open spaces to increase awareness and understanding together with developing participation and ownership of those spaces.</p>		<ul style="list-style-type: none"> <li>• <b>Explore opportunities to work with the Challenge in 2014 to engage graduates from the 4 boroughs in a pan-Wandle initiative which would be of benefit to WVRP and the young people themselves</b></li> </ul>
<p>8. Identifying opportunities for volunteering including for young people to include working with others and supporting local events and festivals.</p>	<p>Volunteering since the Olympics, particularly as a result of the success of the Game Makers and the torch Relay volunteers, has been encouraged and there is scope to develop volunteering particularly to support local clubs and organisations including Corporate Social Responsibility programmes to assist with management and operation of clubs in the Voluntary Sports Sector.</p> <p>The Sportmakers Programme funded by Sport England is aimed at attracting volunteers for a commitment of 10 hours – whilst young people have been the main target group, there is scope to attract older people including linking with events programmes</p>	<ul style="list-style-type: none"> <li>• <b>Explore opportunities to enhance volunteering, including local clubs and community organisations, linking with Sport Makers and other programmes provided by the Volunteer agencies.</b></li> <li>• <b>Linking outdoor events with volunteering opportunities including those for young people</b></li> </ul>



<p>9. Exploring the links between physical activity and conservation similar to the Green Gym concept and scope for development along the Wandle Valley.</p>	<p>No evidence of progress in this area</p>	
<p>10. Consider the opportunity to develop links with the Corporate Sector to identify scope for volunteering and also opportunities for supporting projects through sponsorship and advice.</p>		<ul style="list-style-type: none"> <li>• <b>Explore scope to enhance volunteering and CSR opportunities for the Corporate Sector to be involved in projects in the Wandle Valley and to support the development and growth of the Park</b></li> </ul>

<p>11. Improving provision for disabled people to improve and increase access.</p>	<p>Playground to Podium, London Youth Games, the DfE Disability programme, Special Olympics, Active Celebration and Get Active South London are all programmes that have encouraged disabled people especially those aged 14-25 to participate in sport since 2008. However, opportunities for disabled people are still far fewer than for the able bodied, particularly for outdoor sports. Participation rates measured by the Active People data show rates of less than 10% for disabled people across London.</p>	<ul style="list-style-type: none"> <li>• <b>Ensure improved access for disabled people to facilities in the Wandle Valley – all boroughs to work with the London disability organisation, ‘Interactive’ to increase the number of inclusive opportunities.</b></li> <li>• <b>Leisure contractors engaged and developing programmes and projects to provide participation opportunities for disabled people</b></li> <li>• <b>Explore opportunities for improved provision in open spaces for disabled people – e.g. a project around platforms to enable access for angling, Wheelchair accessible paths along the Wandle, Braille maps and hearing loops where appropriate and to ensure it meets the requirements of the Equality Act 2010</b></li> </ul>
<p>12. Provision of information on the opportunities available and the</p>	<p>Since 2008, clearly there have been significant changes across the Wandle Valley – including the formation of the Trust and the progress towards the development of a significant Heritage Lottery Bid.</p>	<ul style="list-style-type: none"> <li>• <b>Development of social media and the new WVRP website to promote the Wandle Valley and the activities and programmes</b></li> </ul>

<p>benefits for the development of healthy lifestyles.</p>		<p>being delivered including linking with borough and other partners websites and other social media</p> <ul style="list-style-type: none"> <li>• <b>Promotion of Get Active London Activity Finder to include all activities available within and around the Wandle Park.</b></li> </ul>
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## RECOMMENDATIONS

In order to address the issues identified in the Action Plan above, our first recommendation is:

1. **The Board is asked to consider options for the establishment of a cross-borough working group to progress sport and physical activity in the Wandle Valley. Specifically to request each local authority and key partners to :**
  - 1..1 **Nominate an officer to attend the sub-group on a minimum of 2 times a year /6 monthly and more if required.**
  - 1..2 **To include Wandle Valley Park in any relevant strategies and action plans relating to health, physical activity, sport and active travel plans.**
  - 1..3 **To agree to support the delivery of 3-4 actions to progress in each year from the action plan.**
  - 1..4 **Consider opportunities to encourage joint-working opportunities between the four boroughs including the potential for joint-procurement of services which could include leisure facilities and ground- maintenance contracts in the future. This could also include sharing of client functions that would provide the opportunity to reduce costs and improve monitoring and evaluation of services.**

**In addition the Board is asked to task the working group to prioritise recommendations for 2013 from the list below:**

- 2 To encourage increased use of the Wandle Valley Park for active recreation.**
  - 2..1 Explore scope to further develop the Wandle Trail, as a route for walkers, runners, cyclists and to access angling.**
  - 2..2 Encourage activity programmes for local people, particularly those identified as inactive, through existing and new funding. Specifically to connect with new Health and Well Being Boards to commission programmes within the Wandle Valley.**
  - 2..3 Encourage joint working between clubs and community providers to develop projects which enhance use of local green spaces for development of active recreation.**
  - 2..4 Extend the London Marked and Measured Routes Project across the Wandle Valley area to provide opportunities for casual, informal walking and running activity.**
  - 2..5 Ensure improved access for disabled people to facilities in the Wandle Valley – boroughs to work with the London disability organisation, ‘Interactive’ and local organisations to increase the number of inclusive opportunities.**
  - 2..6 Work with Friends Groups operating in parks and open spaces to encourage increased opportunities for outdoor active recreation.**
- 3 Increase the use of existing facilities and activities in or adjacent to the Wandle Valley Park.**
  - 3..1 Encourage the development of programmes that link local leisure facilities to the Wandle Valley, including walking and running groups working with the NGB and leisure providers.**
  - 3..2 Leisure providers to be engaged and developing programmes and projects to provide participation opportunities for disabled people.**
  - 3..3 Promote opportunities for increased community use of existing facilities inside or adjacent to the Wandle Valley including use of the Get Active London Activity Finder to promote existing activities.**



## WANDLE VALLEY TRUST BOARD: 24 April 2013

### Appendix 1

#### 1. BACKGROUND

- 1.1 The Audit was undertaken in 2008 by Rob Hardy Associates on behalf of the Wandle Forum Healthy Living, Sport and Physical Activity Sub- Group and at the time, the Interim Wandle Valley Regional Steering Group within the context of development of a case to establish a new sub regional park in South London.
- 1.2 The Audit was commissioned jointly by PRO-ACTIVE South London (P-ASL) and Groundwork. P-ASL is one of a network of 49 County Sports Partnerships. It is a partnership of organisations with a common interest in developing sport and physical activity covering the London Boroughs of Bromley, Croydon, Kingston-upon-Thames, Merton, Richmond-upon-Thames, Sutton and initially Wands worth.
- 1.3 P-ASL works with a range of partners including local authorities, national governing bodies (NGBs), Primary Care Trusts (PCTs), Further and Higher Educational establishments as well as leisure contractors and clubs to progress towards achieving its vision of ..... ' *To improve the health and well being of South Londoners, provide strategic coordination and contribute to the London 2012 legacy through sport and physical activity* '
- 1.4 P-ASL's Strategic Framework 2007-2016 identified the designation of the Wandle Valley as a Regional Park as a measure of success in making better use of green space for informal physical activity – The key Strategic Theme being .. *Innovative Use of Open Space*.
- 1.5 The refresh of the Audit has been commissioned to review progress and to ascertain the current position with regard to sport and physical activity including new policies, strategies and plans and specific developments that have been undertaken to leisure facilities in the Wandle Valley, both outdoor and indoor.

- 1.6 Clearly 2012 has been a significant influence for sport and physical activity and following the success of the Games and the achievement of Team GB both in the Olympics and Paralympics, the challenge will be to ensure opportunities for legacy are progressed and developed wherever possible.
- 1.7 The Wandle Boroughs played a significant part in the 2012 Games, including LB Merton and Wandsworth as host boroughs for events – tennis and the cycling road race. The Olympic Torch also visited each of the Boroughs and a number of Olympians and Paralympians were from the Boroughs, including David Weir and Joanna Rowsell, as well as many Games Makers.
- 1.8 Other significant issues to consider are the imminent changes with regard to public health with changes to funding and the establishment of Health and Well-Being Boards. The recent publication of the 'Move It' report produced by the Young Foundation and funded by Nike through its Access to Sport Programme has highlighted concerns about increasing levels of inactivity and obesity. One key finding is that the current generation of young people has a lower life expectancy than that of their parents.
- 1.9 There is some evidence from recent study (5) to suggest that participation in physical activity improves physical and mental well-being when undertaken in natural environments rather than indoors.

It is also notable that participation in informal athletics has experienced growth in recent Active People surveys – one consideration is that the cost of gym usage has become prohibitive and running/jogging/walking is becoming more popular as it did in the early 80s.

## **2. STRATEGIC AND POLICY CONTEXT**

- 2.1 Since 2008 there have been a number of significant changes in terms of new strategies and policies – including the Coalition Government's revised policy regarding sport and public health.

- 2.2 This is probably best encapsulated by the most recent Sport England Strategy – *Creating a Sporting Habit for Life 2012-17* . Key elements of the Strategy include participation by young people from 14 to 25 years and the need for better transition from school/college to work/university. One other notable feature of the Strategy is the growing recognition of the non-sporting Voluntary Sector to provide sporting opportunities via national partners as Streetgames through initiatives such as Doorstep Sports Clubs or revenue funding such as the Community Sports Activation Fund that has just been launched. In addition Sport England has also recently appointed a new lead officer focusing on physical activity and is providing revenue funding for pilot projects. These have been recently announced.
- 2.3 At the pan-London level, the work of the Mayor of London and of his Sports Commissioner Kate Hoey, who chairs the London Community Sports Board is significant for the development of sport and physical activity in the Capital.
- 2.4 The Pan-London Strategy – A Sporting Future for London produced in 2009 focused on the scope to use 2012 to ‘transform the sporting landscape’ and tackle key issues such as obesity, ill-health and crime. The main action from the Strategy was to allocate £15m to the development of sport and physical activity in the Capital including investment in facilities, skills development and provision of funding for innovation. A new funding package is currently being developed along similar lines and this will be announced shortly.
- 2.5 At the Borough level LB Wandsworth have produced their third Sport and Physical Activity Strategy – the Active Wandsworth Strategy 2011-16 – a joint strategy with Wandsworth NHS. The Strategy recognizes the links between sport and physical activity – the Borough is also in a strong position to develop services with strong partnership working. LB Sutton is also renewing its local sport and physical activity strategy.
- 2.6 In addition, both Wandsworth and Merton have or are progressing a Playing Pitch Strategy that is a requirement for accessing funding from Sport England from its Protecting Playing Fields Fund.



### 3. FUNDING OPPORTUNITIES

- 3.1 A number of new funding streams are now available or existing ones that are still relevant and of potential interest for development of provision and services in the Wandle Boroughs.
- 3.2 Sport England following the launch of their new Strategy have established new funding streams including the following :-
- Inspired Fund – up to £50k for Voluntary Sector and £150k for local authorities – particularly relevant for pavilion and changing room refurbishment – a possible funding stream for Wandle Park pavilion Phase 2.
  - Intermediate Fund – funding of up to £500k is available for themed rounds – artificial turf pitches was the previous round
  - Iconic Fund – scope for community sports hubs to be funded including those managed by the Third Sector.
- 3.3 Community Sports Activation Fund – a new revenue fund for community sports development initiatives and projects – funding will be up to £350k per bid.
- 3.4 Doorstep Sports Clubs – establishment of 1,000 new sports clubs by 2017 in non-traditional settings being administered by Streetgames, one of Sport England’s national partners.
- 3.5 The London Marathon Grants Trust is a well-known funding source for projects – and a recent example of a funded project is the provision of a beach volleyball court in Wimbledon Park last year.
- 3.6 Biffa and SiTA Funding are good sources of funding for community recreation projects – A recent project in Croydon at Streatham-Croydon RFC got to the final round for both and was awarded £60k by SiTA for the refurbishment of changing rooms.
- 3.7 There are a number of trusts and charities who provide funding for sport and recreation projects – One particular opportunity from the City Bridge Trust offers the opportunity to support revenue costs including staffing for key posts in the Voluntary Sector.

## 4. EVENTS AND FESTIVALS

- 4.0 The Wandle Valley Festival (WVF), is now in its 9<sup>th</sup> year, has been acknowledged as a key opportunity to engage public awareness of the existing resources along the R.Wandle and encourage participation in activities that can be developed in the area.
- 4.1 P-ASL played a key role in ensuring that sport and physical activity was an integral part of the Festival and the River Wandle was seen as an important resource for sport and physical activity.
- 4.2 The Programme in past years has included a number of sporting events including a 5k race at Tooting and Mitcham Hub organized in conjunction with Serpentine RC, canoeing along the Wandle by Battersea Canoe Club and angling events in Morden Hall Park organized by local angling clubs. Morden Hall Park itself also held a one-off parkrun 5k run in 2009.
- 4.3 A wide variety of walking and cycling activities, organized by cycling clubs, ramblers and healthy living initiatives are an integral part of the Festival.
- 4.4 The Wandle Valley Festival will take place this year on 1-2 and 8-9 June and although there have been concerns about the continuation of the event, a number of the existing contributors wish to continue organizing events. There is scope for sport and physical activities to be included again in the Festival this year.
- 4.5 In recent years, LB Wandsworth has established a successful programme of sports and physical activity events – the Get Active Wandsworth Festival –In 2011 there were estimated attendances of approximately 4000 people. The Festival runs throughout the year from April through to September and is part of the Borough's Legacy Programme.

- 4.6 In 2012, funding from NHS London and South London Partnership enabled Sutton, Merton and Croydon to engage in the Get Active South London programme, delivering over 18 festivals and 3,000 participants in activities over the summer, delivered by 30 local community organisations.
- 4.7 LB Sutton held a series of events over the Summer in 2012 as part of its Team Sutton Programme. This included the Torch Relay and sports and a physical event for clubs in the Town Centre in August. In addition, the St Helier Festival , a growing community festival is held every year organized by local community organisations.
- 4.8 LB Merton held a series of events during 2012 including those celebrating the Diamond Jubilee and 2012 . These include hosting one of Diamond Jubilee Beacons in Mordent Park and hosting a royal visit as part of the tour of London boroughs by the Queen last year. The Borough hosted the Olympic Tennis tournament at Wimbledon and had a leg of the Olympic Torch relay on its way to an evening event at Tooting Bec Common in Wandsworth.
- 4.9 One consideration on developing events for the Wandle Valley Festival is to utilize existing planned events to form part of the Festival Programme – in addition, other events could be held at little or no cost but with some support being provided to the Wandle Valley Festival organizer either by allocation of time from a member of staff or a volunteer.
- 4.10 There is another opportunity to provide some funding via the Community Games Programme, provided by the UK Legacy Trust . Funding should be available to meet some of the costs of local community events.

## **GLOSSARY**

P-ASL - PRO-ACTIVE South London

LMGT - London Marathon Grants Trust

NGB - National Governing Body

## **BACKGROUND DOCUMENTS :**

- A.** Sport and Physical Activity Audit 2008 – Rob Hardy Associates
- B.** Move It – Increasing Young Peoples Participation in Sport 2012 – The Young Foundation and Nike
- C.** London’s Hidden Charge –Ending the Lee Valley Tax – Richard Tracey GLA 2012
- D.** Wandle Valley Trust Board –Business Plan and Work Plan 2012
- E.** A systematic review – Does participating in physical activity in outdoor natural environments have a greater effect on physical and mental wellbeing than physical activity indoors- Jo-Thompson-Coon and others- Exeter University 2011